

**UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

FORM 144

**NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933**

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| OMB APPROVAL | |
| OMB Number: | 3235-0101 |
| Expires: | December 31, 2006 |
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| SEC USE ONLY | |
| DOCUMENT SEQUENCE NO. | |

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| CUSIP NUMBER |
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| WORK LOCATION |
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ATTENTION: *Transmit for filing 3 copies of this form concurrently with either placing an order with a broker to execute sale or executing a sale directly with a market maker.*

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|--|--------------------|----------------------------|---------------------|-------------------|--------|----------|
| 1 (a) NAME OF ISSUER <i>(Please type or print)</i> | | (b) IRS IDENT. NO. | (c) S.E.C. FILE NO. | | | |
| 1 (d) ADDRESS OF ISSUER | STREET | CITY | STATE | ZIP CODE | | |
| | | | | (e) TELEPHONE NO. | | |
| | | | | AREA CODE | NUMBER | |
| 2 (a) NAME OF PERSON FOR WHOSE ACCOUNT THE SECURITIES ARE TO BE SOLD | (b) IRS IDENT. NO. | (c) RELATIONSHIP TO ISSUER | (d) ADDRESS STREET | CITY | STATE | ZIP CODE |

INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. Identification Number and the S.E.C. File Number.

| 3 (a) Title of the Class of Securities To Be Sold | (b) Name and Address of Each Broker Through Whom the Securities are to be Offered or Each Market Maker who is Acquiring the Securities | SEC USE ONLY | (c) Number of Shares or Other Units To Be Sold <i>(See instr. 3(c))</i> | (d) Aggregate Market Value <i>(See instr. 3(d))</i> | (e) Number of Shares or Other Units Outstanding <i>(See instr. 3(e))</i> | (f) Approximate Date of Sale <i>(See instr. 3(f))</i> (MO. DAY YR.) | (g) Name of Each Securities Exchange <i>(See instr. 3(g))</i> |
|--|---|---------------------------|---|---|--|--|---|
| | | Broker-Dealer File Number | | | | | |
| | | | | | | | |
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INSTRUCTIONS:

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| <p>1. (a) Name of issuer (b) Issuer's I.R.S. Identification Number (c) Issuer's S.E.C. file number, if any (d) Issuer's address, including zip code (e) Issuer's telephone number, including area code</p> <p>2. (a) Name of person for whose account the securities are to be sold (b) Such person's I.R.S. identification number, if such person is an entity (c) Such person's relationship to the issuer (e.g., officer, director, 10% stockholder, or member of immediate family of any of the foregoing) (d) Such person's address, including zip code</p> | <p>3. (a) Title of the class of securities to be sold (b) Name and address of each broker through whom the securities are intended to be sold (c) Number of shares or other units to be sold (if debt securities, give the aggregate face amount) (d) Aggregate market value of the securities to be sold as of a specified date within 10 days prior to the filing of this notice (e) Number of shares or other units of the class outstanding, or if debt securities the face amount thereof outstanding, as shown by the most recent report or statement published by the issuer (f) Approximate date on which the securities are to be sold (g) Name of each securities exchange, if any, on which the securities are intended to be sold</p> |
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Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

TABLE I — SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

| Title of the Class | Date you Acquired | Nature of Acquisition Transaction | Name of Person from Whom Acquired <i>(If gift, also give date donor acquired)</i> | Amount of Securities Acquired | Date of Payment | Nature of Payment |
|--------------------|-------------------|-----------------------------------|--|-------------------------------|-----------------|-------------------|
| | | | | | | |

INSTRUCTIONS: If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

TABLE II — SECURITIES SOLD DURING THE PAST 3 MONTHS

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

| Name and Address of Seller | Title of Securities Sold | Date of Sale | Amount of Securities Sold | Gross Proceeds |
|----------------------------|--------------------------|--------------|---------------------------|----------------|
| | | | | |

REMARKS:

INSTRUCTIONS:

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed.



DATE OF NOTICE

(SIGNATURE)

The notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually signed. Any copies not manually signed shall bear typed or printed signatures.

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)

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SELLER REPRESENTATION LETTER
FOR RULE 144 SALE

Alpine Securities Corporation
440 E. 400 S.
Salt Lake City, Utah 84111

Customer Name _____

Gentlemen:

I am writing this letter to you in connection with the order I have placed with you to sell _____ shares of _____ (the "Company"), and understand that you will be relying upon the statements made by me herein in selling said stock for my account.

Please be advised as follows:

1. I acquired the shares ("Shares") of stock, which I am requesting you to sell, on _____ (date) by: (check one)
- A. Purchase on the open market
 - B. Gift of inheritance
 - C. Other (please explain below or if additional space is needed, attach sheet)

2. I hereby certify to you that the sale of the within named shares of common stock to be made by me through Alpine Securities, together with all other sales made within the preceding 3 months by me and all persons who may be considered affiliated with me do not exceed 1% of the outstanding common stock of the Company. Neither I nor any such person have solicited purchasers for the "Shares", nor have I or any such person paid any consideration, money or otherwise, to anyone in connection with the proposed sale of "Shares" and except for such commission as may be due you, have not agreed to make any such payment.

3. I have no present knowledge that controlling persons of the "Company" have within the last ___ months sold shares of the "Company's" common stock publicly without first registering such shares under the Federal Securities Act of 1933. Neither I nor any such person is engaged in a "distribution" of the Company's securities as that term is defined in the Securities Act of 1933, and the rules and regulations of the SEC.

4. The securities which I am selling have been fully paid for and were held for a period in excess of one year prior to the date of the proposed sale. To the best of my knowledge the "Company" has filled all financial reports required pursuant to the appropriate Securities Acts. I am not aware of any circumstance which would make the exception provided by Rule 144 unavailable.

5. Enclosed are three manually signed copies of the completed Form 144 to be filed with the Securities and Exchange Commission prior to the sale of said "Stock." In the event I elect to send directly to the SEC, I enclosed one copy for your files, certifying that the originals have been filed with the SEC.

6. This will confirm my understanding that you are relying upon the statements made by me herein in selling these shares in a brokers transaction. In the event any such representations are untrue or contain material omissions, the undersigned hold you harmless for any loss, cost, damage, or expense, including attorney fees which you may incur by reason of the incompleteness or inaccuracy of any of the statements made herein.

(Signature of Proposed Seller)

(Date)

(Signature of Proposed Seller)

(Date)

IRREVOCABLE STOCK POWER

FOR VALUE RECEIVED, the undersigned does (do) hereby sell, assign and transfer to

(SOCIAL SECURITY
OR TAXPAYER IDENTIFYING NO.)

PLEASE COMPLETE THIS PORTION

_____ shares of the _____ stock of _____
represented by Certificate(s) No(s) _____ inclusive,
standing in the name of the undersigned on the books of said Company.

The undersigned does (do) hereby irrevocably institute and appoint _____
_____ attorney to transfer the said stock or bond(s), as the case may be, on
the books of said Company, with full power of substitution in the premises.

Dated _____

PRINTED NAME

PRINTED NAME